

Developmental Stages of the Chakras

Chakra 1	womb to 12 months
Chakra 2	6 months to 2 years
Chakra 3	18 months to 4 years
Chakra 4	4 to 7 years
Chakra 5	7 to 12 years
Chakra 6	adolescence
Chakra 7	throughout life

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