

The Infinite Light Yoga Logo

The logo, an Om symbol surrounded by the Lotus flower, was designed by Infinite Light Yoga student Jennifer Catney.



In yoga, the crown chakra is represented by the Infinite petals of the lotus continually opening. The crown chakra, once opened, channels the Light of consciousness. The symbol inside the Lotus is the OM. In yoga, no word is more powerful. It has been said to be the eternal word that is all--what was, what is, and what shall be. In the beginning, there was nothing. Then there was the word (sound); the word was Om, and all of creation

emanated from it. Yoga literally means to yoke, bind, unite, or bring together. With our yoga practice, we bind the body, mind, and soul.

In 2009, the logo combined with our new name, Infinite Light Yoga, became the trademark for our style of yoga--sharing the Infinite (never ending) Light (knowledge, illuminating, consciousness) of Yoga (that which brings us to that state of union) with the world around us.

So the logo is actually everything about yoga cleverly incorporated as one symbol; the ILY logo.