

Central New York Reiki Association

Standards of Practice

Create & maintain a safe space for your clients and students to experience Reiki sessions and classes.

Keep appropriate records on each of your clients (i.e.; client information form and session documentation form).

When teaching, provide written material (handouts or manuals) for your students.

Never use another person's copyrighted materials in your classes without permission and giving credit.

Conduct all classes in person (give all training and empowerments in person). If you are an Usui/ Holy Fire® Master who has taken the class which empowers you to teach online classes, you may do so as long as you follow all procedures given.

Make sure to include time for lecture, discussion, demonstration, practice, and question/ answer in all of your classes.

Provide a certificate of completion for each student.

Teach the three Level II symbols in Reiki II classes, and the Master symbols in ART/Reiki Master classes. Do not give or teach symbols in Reiki I classes.

Reiki I & II classes can be taught together or separately (teacher preference).

For Usui Reiki, ART and Reiki Master Teacher classes can be taught together or separately, depending on teacher preference. Both must be taught together for Usui/Holy Fire® Reiki.

Require that students have practiced consistently at the Reiki II level for a minimum of 6 months before taking the ART/Master class.

Provide at least 5 hours of class time for Level I & Level II classes, and 15 hours of class time for Reiki Master.